

oul boss. 21 Learning Affirmations

I am willing to try new things.

I build sustainable results by learning one step at a time. I am open and receptive to training. I'm coachable! I share my knowledge with others. Increasing my skills is a joy. I listen, even when I disagree. I embrace changes that initially seemed impossible. I'm adaptable. I am honest about my knowledge gaps. I love discovering new things. I learn quickly and retain what I learn. I uplevel my knowledge using creativity and determination. My skills constantly grow and expand. I'm learning how to transform disappointments into wisdom. I dig in and hit the books when I need to—I show a lot of heart! I step out into new learning challenges. I am part of a vibrant learning community. I have an unlimited capacity for learning. I am an expert in some things and a beginner in others, and that's natural. I constantly take stock to see what I need to learn. I don't let bad results get me down. Mistakes are part of learning. I am ready for a new era in my knowledge and understanding.

Are you pressed for time?

Hack your practice with a single keyword!

Curious

Willing Adaptable Interested Wise