



21 Relationship Affirmations

I radiate love in every situation.

I invite playfulness, kindness and intimacy into my life.

I am surrounded by loving people who speak my language.

I live life with passion and courage. I release any need to armor my heart.

Finding like-minded people is as easy as 1, 2, 3!

Joy and play creates a wonderful community of kind, like-minded people.

I have so many loving, supportive people in my family!

I am comfortable being myself. People enjoy being around me.

My heart opens as I try new things and meet different people.

I am fully present with others. I'm a great listener!

Abundant love is possible for me. I accept it now.

When mistakes are made, I err on the side of love.

Every day I find ways to have fun with my partner.

I allow myself to be seen. Old insecurities are replaced with confidence.

I lovingly release any relationship that has run its course.

Love is all around me. I give and receive love wherever I go.

I give and receive healing in my relationships.

Relationships energize and enlighten me, even when they are imperfect.

I release past pain and move forward with a light heart.

I replace old hurts with positive expectation.

Ties of love cannot be broken. I remember the love and let everything else go.

Are you pressed for time?

*Hack your practice with
a single keyword!*

Loving

Kind

Affectionate

Present

Whole-
Hearted